

How good and pleasant
it is when God's people
live together in UNITY.
Psalm 133:1

St Mary Catholic School January 2020 Newsletter



Schedule for Altar Servers, Cantors, Mass Assignments

Wed	Jan 8 Joselyn L, Adam C, & Elias A altar serve for 6th grade-led Mass
Thu	Jan 9 Hiatt M, Gerardo H, & John M altar serve
Fri	Jan 10 Natalia P, Austin M, & Marisa M altar serve; Leah L & Ryan A cantor for 5th grade-led Mass
Wed	Jan 15 Vanessa R, Jacob M, & Elizabeth O altar serve for 4th grade-led Mass
Thu	Jan 16 Ximena S, Danaily M, & Erica R altar serve
Fri	Jan 17 Calista W, Tavin M, & Anthony S altar serve; Emma M & Marisa M cantor for 3rd grade-led Mass
Wed	Jan 22 Koelton E, Nesbeth R, & Gabby S altar serve for 2nd grade-led Mass
Thu	Jan 23 Gady E, Nora R, & Gage S altar serve
Fri	Jan 24 Matt H, Aliana S, & Itzel T altar serve; Jade R & Elizabeth O cantor for 8th grade-led Mass
Wed	Jan 29 Joselyn L, Bailey S, & Xaydi V altar serve for 7th grade-led Mass
Thu	Jan 30 Luke L, Tyson W, & Elias V altar serve
Fri	Jan 31 Cameron M, Adam C, & Charli W altar serve; Andrea C & Ava R cantor for 6th grade-led Mass

Staff/Student Birthdays

Jan 2 Jianna Valdivia, 1st
Jan 3 Addison Shell, 4th
Jan 5 Kyndra Smith, 1st
Jan 6 J.D. Eustace, 6th
Jan 8 Mrs. Olsen, Computer/Library
Jan 12 Elena Bowling, 7th
Jan 13 Mr. Bonczyk, Physical Education
Jan 19 Lucie Mick, Kdgn
Jan 19 Erica Romero, 6th
Jan 24 Landen Rohr, 3rd
Jan 25 Blake Alexander, 3rd
Jan 26 Brayden Bencomo, Kdgn
Jan 29 Ian Muth, 7th



HOME Basketball Games

**2 Mondays (January 13
& 20)**

5:30 & 6:30 both nights

**Come support our
school!**



“Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” Colossians 3:13

Dear St. Mary Catholic School Families and Friends,

Happy New Year! I pray this New Year 2020 finds you brimming over with joy and peace. As we begin this new semester, I look back at our time together in 2019 and am filled with such gratitude for all our families, students, teachers, and staff. We are truly blessed here at St. Mary Catholic School for the gifts of each other and the gift of this amazing Catholic School.

As we continue to grow in virtue, we continue with our yearly theme of Unity and will also focus on the 3rd Quarter theme of forgiveness. Students will learn about the gift of forgiveness which will lead us into the Lenten Season at the end of February. All students will make a heart to place on the bulletin board as a reminder to always forgive as Jesus forgives us. In addition, we will welcome Bishop Kemme on February 7th and Wichita Adore Ministries will lead us in All School Adoration on Thursday, February 13th following Mass. We invite you to join us as we grow in unity.

Congratulations on a wonderful Christmas program, 8th Grade Play, and a successful book fair. Mrs. Unruh, Mr. Bergman, Mrs. Patton, and Mrs. Johnson did an amazing job preparing our students for their performances. Mrs. Olsen and the Book Fair Team did an amazing job putting together and running our book fair. All of the proceeds from the book fair will be used to purchase books for classroom libraries and for the school library.

I also want to thank Mr. Middlemist and our 8th graders for a great job with the Giving Express. Thank you also to our patrons. Your support will help our 8th graders to leave a small legacy behind at St. Mary for years to come and will also help fund their Day Out with the Principal.

As we move into the New Year 2020 and season of winter, and as the weather turns cold, I offer this reminder to please allow a few extra minutes to get to school safely and follow the drop off and pick up procedures. We will make every effort to keep the drives and walkways safe for our students and staff. In the event of severe weather, a Flocknote message will be sent out to notify you of St. Mary closing school. Please make sure that your contact information is up-to-date in the office. For weather closings, we follow the Newton Public School District's lead. If the district cancels school, we will also be out. Your safety is important to us.

Our school will begin the campaign for Walk in Sister's Shoes on January 6th and end on March 6th. This is to bring awareness to the incredible life of St. Katherine Drexel as well as to raise funds for Catholic Schools in the Wichita Diocese that are in need of financial support. Please consider how you might be able to help in some small way so that everyone may have the opportunity for a Catholic education.

St. Mary Catholic School will host boys' and girls' basketball games on Monday, Jan. 13th and 20th. Our cheerleaders and Pep Band will also perform. Admission is free so come out and support the Eagles. Concessions will be available. This is such a great way to celebrate our School Community! First games start at 5:30PM. Second games immediately follow.

At the end of this month we will celebrate Catholic Schools Week 2020. The theme continues with “Catholic Schools: Learn. Serve. Lead. Succeed.” The annual observance starts the last Sunday in January and runs all week with the following daily themes:

Sunday, January 26th.....Celebrate Your Parish
Monday, January 27th.....Celebrate Your Community
Tuesday, January 28th.....Celebrate Your Students
Wednesday, January 29th.....Celebrate Your Nation
Thursday, January 30th.....Celebrate Vocations
Friday, January 31st.....Celebrate Your Faculty, Staff and Volunteers
Saturday, February 1st.....Celebrate Your Family

On January 9th, we will hold a planning meeting for this special week. We welcome you to come and share your ideas in the library from 6:00-7:00 PM. In order to think ahead, we will have our “St. Mary’s Got Talent”. We will be having this performance on Thursday to showcase our students’ talents to “Celebrate Vocations”. Students will have 90 seconds to showcase a talent God has blessed them with. Songs, costumes and acts will need to be approved ahead of time-so start thinking about what talents God has blessed you with that you would like to share with others. Thanks to Sharon Erwin for chairing this event. A calendar of detailed events for Catholic Schools Week will be sent home as soon as the planning team has finalized what special things we are doing. Stay tuned!!!

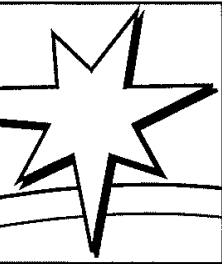
I want to thank you all for all you do for our community and for sharing your most precious gifts-your children-with us. Together we can light the world and make a difference!

May God Bless You!

Sincerely Yours in Christ,

Natalie Steiner-Principal

Partners in FAITH™



Helping our children grow in their Catholic faith.

January 2020

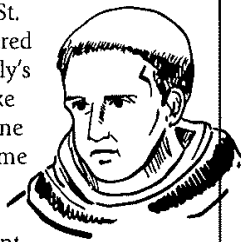
St. Mary Catholic School
Ms. Natalie Steiner



Thoughtful Moments

St. Thomas Aquinas

Born in Italy, St. Thomas persevered against his family's attempts to make him a Benedictine monk and became a Dominican instead. He was a brilliant student, but his humble, quiet manner earned him the nickname "the dumb ox." His mentor, St. Albertus Magnus, rightly predicted he would be a famous scholar. Thomas later taught in several universities, wrote many treatises about the faith, and even advised popes and kings. He is the patron of students and schools.



Self-esteem

When children understand they are "fearfully and wonderfully" made by God with a purpose for their lives, their self-esteem is not derived from society. It comes from knowing how much God loves them.

"Even youths shall faint and be weary ... but they who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint" (Isaiah 40:30-31).



Raising faithful Catholic disciples

All parents want their children to be successful, hardworking, happy adults. The best way to ensure true happiness and lasting success, however, is to raise children to be disciples of Christ. And the best time to begin creating faithful disciples is now.

Connect. Discipleship is a relationship. It begins with responding to Jesus' call to know and love him. When our children connect with Jesus personally, they learn how valuable they are to God. Their identities are complete in him.

Listen. Scripture is God's direct message to us. It tells us who God is, what he thinks, and his will for us - all we need to know to be best friends. Regularly reading the Bible with children helps us to know God better

and better.

Serve. St. Teresa of Avila said,

"Christ has no body but yours, no hands but yours, no feet but yours. Yours are the eyes through which Christ's compassion must look out into the world." Disciples of Christ know that we must put others' needs before our own - the poor, the lonely, the most vulnerable.

Encounter.

Sacraments are opportunities to directly encounter Christ. Ensuring that children receive their Sacraments of Initiation (Baptism, Eucharist, Confirmation), attend Mass weekly, Confession frequently, marry in the Catholic Church, are all ways they connect directly with Jesus - soul to Creator.



Why Do Catholics Do That ?

Why do Catholics practice Works of Mercy?

Catholics are called to show their love for God by their love of neighbor. "The works of mercy are charitable actions by which we come to the aid of our neighbor" (*Catechism of the Catholic Church (CCC) #2447*). Our Lord considers



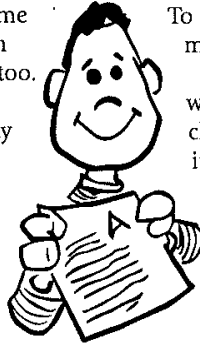
any kindness done for love a personal favor. Once, when asked the reason for her charitable work, Mother Teresa answered, "You did it to me" (Matthew 25:40), quoting Christ. In caring for others, we communicate God's love for them.

Making parent - and child-friendly resolutions

Making New Year's resolutions helps us to become better people each year. Consider helping children choose appropriate resolutions for the New Year, too.

Share kindness. Encourage children to perform one random act of kindness each week. When they look for ways to be kind, kindness becomes a mindset.

Develop better habits. Taking small steps to improve will help new positive habits last. If you want to eat healthier, try, "I'm going to drink milk and water today instead of soda or juice."



To cut down on screen time, consider reading for 30 minutes instead of watching TV or playing on devices.

Achieve milestones. Children love setting goals as a way of measuring progress and growth. Encourage children to pick an age-appropriate goal – getting an A in the hardest subject at school, learning to tie shoes, master swimming underwater – and focus on steps to achieve it.

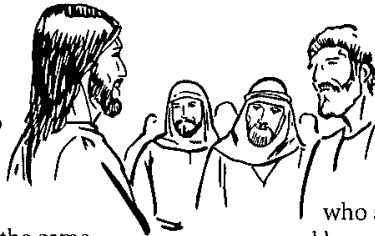
Encourage prayer. Try choosing one prayer to say together as a family each day. Let children add a favorite prayer to their personal prayer time.

Scripture LESSON

Matthew 4:12-23, Follow the Leader

Almost every child has played some version of "Follow the Leader." In the game, players follow a "leader" wherever he goes and do whatever he does. We stomp through puddles, climb over fences and swing from trees, all to stay in the game.

We follow leaders in real life, too: at school, in sports, and at church. Our parents are also our leaders until we leave home. Some leaders have more authority over us than others. In cases where we can choose our leaders, it's important to choose the one who will



lead us safely in the right direction. Jesus chose twelve men to be his closest followers and he became their leader. They went where he told them and did what he asked. They followed his example. Those who stayed with him to the end became great saints.

What can a parent do? Explain to children that Jesus is our true leader, meaning that we follow him before anyone else. If we stay close to him, he will lead us safely to Heaven. The prize is always worth it.

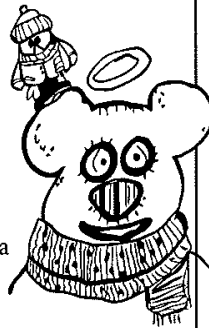
Feasts & Celebrations

Jan. 2 – St. Basil the Great (379). St. Basil founded the first monastery in Turkey. He fought passionately against the Arianism threatening the Church and worked to protect the faith and religious freedom. He is best known for his skill as an orator and for being tireless in his pastoral care.

Jan. 3 – Feast of the Most Holy Name of Jesus. Today, we celebrate the Holy Name of Jesus. "...At the name of Jesus every knee should bend, of those in heaven and on earth and under the earth" (Philippians 2:10).

Jan. 5 – Epiphany of the Lord. Epiphany is Greek for "manifestation." When they honored the infant Jesus, the three wise men bore witness to the fulfillment of God's promise of a savior.

Jan. 21 – St. Agnes (c.304). At a young age, St. Agnes consecrated herself to God. Reportedly she was turned in for being a Christian by a suitor whom she refused to marry. She maintained her faith and was executed as a result.



Parent TALK

My family had stopped listening to me. The more I talked to (at) them, the more obvious it was that they were tuning me out. I tried talking louder and repeating myself but the problem only got worse. Finally, I heard how I was talking to them. I was so stressed by our busy pace that I barked constantly. "Hurry up, we are late!" "Stop talking with your mouth full." "Clean up that nasty bedroom." "What? You forgot your homework?!" For every kind remark I made, I snarled five negative ones.

That very moment, I changed my tune. I called a family meeting and apologized. Then I gave each child just five tasks on which to focus. I let the rest go. The change in the atmosphere of our home was immediately noticeable. I continue to monitor the way I communicate and everyone pays more attention to what I say.

Our Mission

To help parents raise faithful Catholic children
Success Publishing & Media, I.J.C.
Publishers of Growing in Faith™ and Partners in Faith™
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<http://www.partnersinfaith.com>
(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible.)

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January 2020

Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid blue; padding: 5px; text-align: center;"> Landen Rohr is the Lunch Room Hero for January! He picked the 23rd as his special menu & day! </div>			1 NO SCHOOL SO NO LUNCH	2 NO SCHOOL SO NO LUNCH	3 NO SCHOOL SO NO LUNCH	4
5	6 Chicken Fajita, Lettuce, Cheese, Tomatoes, Salsa Corn Peaches Pudding Milk	7 Beef Steak Scalloped Potatoes Green Beans Fruit Cocktail Dinner Roll Milk	8 Hot Dog/Bun Tri Tator Broccoli/cheese Applesauce Milk	9 Soft Taco, Lettuce, Cheese, Salsa Tortilla Chips Refried Beans Pears Milk	10 Cheese Pizza Tossed Salad, Cucumbers Orange Cookie Milk	11
12	13 Crispito, Cheese Sauce Mexican Rice Refried Beans Red Bell Peppers Applesauce Milk	14 Cheeseburger, Bun, Pickle Oven Fries Mixed Veggies Pears Milk	15 Taco Salad Peas Tropical Fruit Milk	16 Chicken Noodles Mashed Potatoes Green Beans Mandarin Oranges Dinner Roll Milk	17 Ham/Cheese Sandwich Broccoli, Carrots Chips Peaches Yogurt Cup Milk	18
19	20 NO SCHOOL SO NO LUNCH	21 Sloppy Joe/Bun Tator Tots Baked Beans Cucumbers Mandarin Oranges Milk	22 Turkey/Cheese Sandwich, Lettuce, Pickle Curly Fries Peaches Bug Bite crackers Milk	23 Landen's Day Chicken Nuggets Mashed Potatoes, Gravy Corn Pears Brownie Milk (maybe strawberry)	24 Pepperoni Pizza Garden Salad Steamed Carrots Pineapple Cookie Milk	25
26	27 Rib Sandwich Tri Tator Green Beans Peaches Milk	28 Goulash Caesar Salad Peas, Carrots Orange Dinner Roll Milk	29 Catholic Schools week special family luncheon (Chili, Crackers, Celery sticks, Cin- namon Roll, Tropi- cal Fruit, Milk) \$3.75/person	30 Popcorn Chicken Oven Fries Steamed Carrots Pears Dinner Roll Milk	31 Cheese Pizza Tossed Salad Mixed Veggies Applesauce Sherbet Milk	

January 2020

Breakfast Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>This institution is an equal opportunity provider.</p> <p>Menu subject to change at Food Service Director's discretion.</p>			1 NO SCHOOL SO NO BREAKFAST	2 NO SCHOOL SO NO BREAKFAST	3 NO SCHOOL SO NO BREAKFAST	4
5	6 French toast sticks Cereal Fruit Juice Milk	7 Cinnamon roll Cereal Fruit Juice Milk	8 Sausage & Cheese biscuit Cereal Fruit Juice Milk	9 Pancake on a stick Cereal Fruit Juice Milk	10 Pancakes Omelet Cereal Fruit Juice Milk	11
12	13 French toast sticks Cereal Fruit Juice Milk	14 Cinnamon roll Cereal Fruit Juice Milk	15 Sausage & Cheese biscuit Cereal Fruit Juice Milk	16 Pancake on a stick Cereal Fruit Juice Milk	17 Pancakes Omelet Cereal Fruit Juice Milk	18
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